

Rules and expectations

- 1. The use or possession of alcohol or drugs, whether licit or illicit are strictly prohibited on or off the property. Use may result in immediate expulsion from the property.
- 2. All SalusCare properties are smoke and tobacco free, this includes E cigarettes.
- 3. Violence, expressed or implied, yelling, verbal threats or physical acting out will not be tolerated.
- 4. Gambling in any form is not permitted while residing at SalusCare Place Recovery Community; on or off property.
- 5. No weapons of any kind are permitted on the property.
- 6. Each person is responsible for the cleanliness of their room and the overall cleanliness of the house and yard areas.
- 7. Participants must practice and maintain good physical hygiene
- 8. Visitors to tenants must be approved by staff and absolutely no visitors are ever permitted in the bedrooms or overnight. All children visitors must be off of the premises by 9:00 PM. All other visitors must be off of the premises by 10:00.
- 9. All residents are responsible for their guests abiding by the rules.
- 10. You must notify the staff, upon admission interview, of all prescribed medications you are taking. If a new medication is started while in residence, staff must be notified.
- 11. Abuse of any mind-altering drugs (illicit, prescribed or over the counter) may result in immediate expulsion from the property.
- 12. No performance enhancing supplements of any kind (prescribed or over the counter) are permitted at SalusCare Place.
- 13. Sexual relations with anyone residing in SalusCare Place or in any TLC programs are prohibited.
- 14. No washing of cars on the SalusCare Place property or on the neighborhood streets is permitted.
- 15. During your first 90 days at the SalusCare Place, you must attend a minimum of five meetings per week on line or in person. Management understands that recovery comes in many different forms including Rational Recovery, SMART Recovery and Alcoholic, Narcotics or Cocaine Anonymous. Regardless of your chosen path to recovery participation is required.
- 16. No bicycles allowed in the house. A bike rack is provided for safe keeping of your bicycle.
- 17. Random drug testing is mandatory. The cost is included in your admission fee.

 Requests for tests to be sent to the lab will be at the cost of the participant. You may be asked at any time to provide a urine sample for testing.

- 18. No dirty dishes should be left in the sink. Dishes need to be washed immediately after use. Automatic dishwashers will not be used.
- 19. Use of the washer and dryer is limited to one day per week. Each resident will be assigned a day.
- 20. Use of profanity is not permitted.
- 21. Do not eat any food that does not belong to you.
- 22. Meals and snacks are to be consumed in the dining/kitchen area only, no food is allowed at any time in the bedrooms.
- 23. No lending or borrowing of money or vehicles with other residents.
- 24. Vehicles parked on the property must have current registration in the name of the participant and proof of insurance.
- 25. No parking is allowed on the grass at any time.
- 26. No business or commerce transactions are to be conducted with other Chrysalis residents, nor their families.
- 27. Rooms, personal property, and persons may be randomly searched for drugs and alcohol by staff.
- 28. Anyone showing a difference in treatment or favor, or showing hatred or dislike toward any group, race, religion, etc. will be expelled.
- 29. While residing at the SalusCare Place the following are off limit: bars, hookah bars, cava bars, strip clubs, gun shops and shows, shooting ranges.
- 30. Every Sunday is mandatory general and deep cleaning, to be completed no later than 3:00pm.
- 31. The pirating of movies is prohibited in any SalusCare Place residence.
- 32. Attendance of the General SalusCare Place Recovery Residence meeting held monthly is expected.
- 33. No televisions are permitted in individual rooms. The only television permitted is the one located in the common room. Access to local channels is provided.
- 34. Smoking and or use of tobacco products is strictly prohibited on any SalusCare property and should be part of each resident's pathway to recovery and wellness.
- 35. Use of cell phones should not be used in a manner that disrupts other residents.
- 36. Residents must abide by the dress code noted in the resident handbook.
- 37. Curfew on Sunday through Thursday is 11:00 PM. Curfew on Friday and Saturday is 12:30 PM, unless it is prearranged with staff (e.g. to accommodate for work hours)
- 38. Each resident is allowed to have and park one vehicle on any *SalusCare/SalusCare Place* property.

Any infraction of the rules, with the exception of those stating expulsion, will be addressed on an individual basis according to the severity and frequency of such.